

# Rules and Regulations

## I. Travel Soccer Rules and Regulations:

**Adult Supervisors:** All adult supervisors are responsible to complete TSC required educational courses, on-line risk management, coach's orientation and concussion protocol courses. They must take LIJSL recommended coaching course and be AED/CPR certified.

**Sportsmanship and Behavior:** It is the responsibility of all adult supervisors to supervise the behavior of players and parents. The sportsmanship theme must be monitored at all times.

**Red Card Violations and Game Forfeits:** Red card violations and game forfeits must be communicated to the Vice President of Travel Operations on the day of the game. There must be detailed written report submitted to the Vice President of Soccer Operations citing the player, adult supervisor or parent and a full description of the incident. A red card violation by an adult supervisor, parent, or player will result in a mandatory appearance before the Executive Board. All red card violations will face the possibility of additional TSC fines and/or suspensions in addition to any penalty imposed by the governing board. All game forfeits will be paid for by the team at the time of registration or the team will not be allowed to register with the club.

Players who are consistently cited for violation, unsportsmanlike behavior or are considered detrimental to the program can be suspended from the Club by recommendation of the Committee for Travel Operations and approved by the Executive Board.

**Training:** All teams are required to use approved club trainers unless granted an exception from the Executive Board. Adult Supervisors may be able to train their own team if they acquire a NSCAA B license or USSF equivalent and receive Executive Board approval. TSC is not required to provide field space for any trainer who is not a club trainer.

**Tournaments:** Tournaments are encouraged and are the financial responsibility of the individual travel teams. All teams should attempt to attend the agreed upon Memorial Day Tournament except for teams whose age group is not offered and teams who are in the top two Long Island Junior Soccer League Divisions. Teams with these exceptions must request permission from the Vice President of Travel Operations to attend a tournament off of Long Island. All teams have the option to participate in a Long Island Tournament.

**Field and Building Use:** All teams must adhere to the field lining schedule and all fields must be painted by Friday evening. Those not completing their field lining assignment or adhering to the policy concerning setup and breakdown may be subject to a minimum fine of \$100 per occurrence.

**New Teams:** New teams may be added to the membership rolls of the TSC by April 15 for the fall season and October 15 for the spring season. The addition of a new team must be recommended by the Vice President of Travel Soccer and approved by the

Executive Board. Applications for additional teams in a division will not be considered if the additional team may affect the continuation of an existing team. Potential adult supervisors must submit the proposed team name with the letter to the Board requesting approval for a new travel team is presented. The team name must be a professional or semi-professional team. Adult Supervisors must be approved by the Executive Board.

New team tryouts will be set up in accordance with the VP of Intramurals and VP of Travel. All players trying out must be born from January to December of the birth year of the team. A player may play up one year but they must fall within the top ten percentile of the tryout and have Executive Board approval.

**Existing Teams:** Existing teams should provide the VP of Travel with details of any tryouts. All decisions, formats, dates and locations will be discussed with the VP of Travel Operations.

**Uniforms:** All teams shall purchase and wear the TSC official uniform. Teams may have a small sponsorship logo which can only be put on the sleeve of the jersey. Teams may purchase warm-ups, sweats, jackets, wind breakers etc. at the discretion of the travel team coach. There are no color restrictions concerning these articles of clothing. All Coaches should wear the TSC coach's shirt.

**Fundraising:** Any contract or financial commitment made by any travel team during fundraising activities is the responsibility of the adult supervisors, players and parents of that team. All fundraising requests should be submitted in advance to the VP of Travel for approval. The request must state the specific reason for the fundraising. Teams can have only one fundraiser per season. Additional fundraisers will require Executive Board Approval.

**Other:** In the event that an adult supervisor would like to coach multiple Travel teams, a letter must be submitted to the Executive Board. The Executive Board may call that adult supervisor to the next board meeting to discuss the possibility of coaching multiple teams. The decision will be at the discretion of the Executive Board which will reflect the best interest of the TSC.

## **II. Intramural Soccer Rules and Regulations**

**Mandatory Play Time:** Each player in all divisions must play a minimum of half game unless injured. Violations of this rule will result in the coach being brought before the VP of Intramural with the possibility of being dismissed from the program.

**Substituting:** The substitution of players is encouraged during all stoppages of play (both teams' possessions) at the discretion of the referee.

**Dangerous Play:** If dangerous play occurs during the game and the coach decides to remove the player, the coach must notify the VP of Intramurals of the reason for the removal within 24 hours. If the coach does not have sufficient reason for removing a player, the coach may be suspended or dismissed from the program.

**Rule Changes:** Any recommended rule changes will be discussed and voted by the Executive Board before being deleted or implemented. The Executive Board retains the right to override existing rules considered not to be in the best interest of the club.

**Postponements and Rain Outs:** In the case of rain or inclement weather, the VP of Intramurals, Fields Coordinator, and/or President will determine whether or not games will be cancelled. The VP of Intramural has discretionary power to cancel any games that he/she feels may present unsafe playing conditions. At the point of cancelation, no further games will be played that day. Postponements will be granted only in the case of extreme or unusual circumstances. The VP of Intramurals will consider each request and render a decision as to the status of the game. Under no circumstances will a coach be permitted to postpone a game without prior approval of the VP of Intramurals. Any requested game changes must be telephoned to the VP of Intramurals at least 48 hours in advance of the scheduled game time. Failure to appear for a scheduled game will result in a forfeit. If the game is stopped prior to half time the game will be considered not played. If a game that is stopped at or after half time, the score at the time of the stoppage will be entered as the final score.

**Protests:** Protests can only be for a violation of TSC Constitution or law of the game. There can be no protests on referee judgment calls. All protests must be received by the VP of Intramurals. VP of Intramurals must be notified in writing by the protesting coach as to what rules have been violated with 72 hours of the game.

**Adult Supervisors:** The VP of Intramurals must be notified of any new coach or assistant coach. All adult supervisors are recommended to complete risk management and AED/CPR certification. Coaches are responsible for seeing that game scores are not run up. There will be a maximum goal differential of 5 goals. Any team not following this guideline will be subject to disciplinary action.

**Sportsmanship:** At the termination of each game, both teams must line up at midfield and congratulate each other. Any coach who does not encourage or allow this may be removed from the program. Referees will also oversee the handshake line and it will be understood that the referees will have full control of the game until all participants depart the field.

**Practice:** Teams must have a water break each ½ hour during practice. On game days, recommended practice should not exceed a 30-minute period prior to game time.

**Standings:** No standings will be kept in the Kindergarten division and below. Placement trophies will be awarded to the first 2 teams. All players not receiving a placement trophy will receive a participation trophy. Coaches should not leave the field until they have agreed on a final score with the referee. In case where a dispute arises after the fact as to the final score, the referee's score card will be used to determine the score. The final standings will be based on the full season, with the team with the most points at the completion of the season finishing in first place. Standings are based on the following criteria:

- 1) 2 points for a win
- 2) 1 point for a tie
- 3) 0 points for a loss

If teams are tied with the same number of points, the season will end in a tie.

**Potential Tournament Team Coaches:** All potential tournament team coaches must submit a letter by May 1 requesting to coach a tournament team. This letter should include:

- 1) Coach's name, address and phone number
- 2) Birth year and gender of the desired team, background and qualifications. Examples: previous coaching experiences, coaching/first aid certificates.

All potential tournament team coaches will be interviewed by the Executive Board.

**Returning Coaches:** Any coaches wishing to return who are not in good standing will be brought in front of the executive board prior to start of spring and fall seasons.

**Heading:** There will be no heading in the U11 or below age groups.

**Tournament Teams:** Tournament teams will be responsible to collect all fees for tournaments and tournament patches. Teams participating in a patch exchange tournament must participate in the exchange of patches. Any tournament teams wishing to participate in a tournament must submit a request and copy of the roster of players to the VP of Travel prior to the tournament. Tournament teams will be committed to the players on their teams for one year. This means that tournament team coaches can not cut players from the team for any reason without Executive Board approval. Tournament teams will be formed for a maximum of one year (July to June). Intramural practices will take precedence over tournament team practices.

**One Shot Tournament Team:** An intramural coach may form a temporary intramural tournament team (U7 and above) to attend a tournament. This team will be considered a one shot team and will cease to exist at the conclusion of the above referenced tournament. Any coach wishing to take a one shot team to a tournament will be required to submit a letter stating his or her intent, along with a roster to the Executive Board. All one shot teams will follow the guidelines of the yearly tournament teams.

**Red Card Violations and Game Forfeits:** Red card violations and game forfeits must be communicated to the Vice President of Intramurals on the day of the game. When a red card is issued, there must be a detailed written report submitted to the VP of Intramural citing the player, adult supervisor or parent and a full description of the incident. A red card violation by an adult supervisor, parent, or player will result in a mandatory appearance before the Executive Board.

**Modifications to F.I.F.A. Rules:** All intramural soccer games conducted by TSC shall be covered by the F.I.F.A laws of the game, with the following modifications:

**Law One—Field of Play:** The program will comply with law one as stated but with the following exceptions:

1. The program recommends that players occupy one side of the field and the opposite side is occupied by spectators. All spectators should be at least 5 feet from the touch line and no one will stand behind the end line.
2. Roster Size, Ball Size and Field Size will vary deepening on age and enrollment.

**Law Two—the Ball:** The program will comply with Law Two as stated, but with the exceptions noted above.

**Law Three—Number of Players:** The program will comply with Law Three as stated, but the number of players on the field will be determined by TSC. In the event a player is ejected from the game by a referee, a substitute player will be allowed to take the ejected players place. Players may be substituted at any stoppage of play. An injured player may be substituted at any time.

**Law Four—Equipment:** The program will comply with Law Four as stated, but with the following exceptions:

1. Players must wear full uniform. In case of cold or inclement weather, players may wear pants, jackets, hat, gloves or warm-up suits under the uniform.
2. Players must wear soccer shoes or sneakers (NO METAL CLEATS)
3. Players will not be allowed to play with any type of cast.
4. Players wearing glasses MUST report to the referee to inspect the glasses for safety. It is recommended to wear some type of protective device and/or strap or remove glasses while engaged in play.
5. Goalies must wear an approved soft type helmet

**Law Five—Referee:** The program will comply with Law Five as stated but with the following exceptions:

1. Referees must be at least 12 years of age
2. Referees must attend a TSC clinic and pass a written test prior to each season.
3. The Head Referee will assign referees.

The intramural program adopts the LIJSL policies concerning red card violations except for the monetary fines assessed. A Red Card Violation by a coach, parent or player will result in a mandatory appearance at the next meeting of the Committee for Intramural Soccer of TSC and a possible suspension. The commissioner of that division will inform the coach that he/she will not be allowed to coach until they present themselves before the board and explain their actions. Red card violations must be detailed in a written report by the Division Commissioner citing the player, coach or parent and a full description of the incident. This report should be filed within 48 hours of the occurrence. Players who are consistently cited for violations or unsportsmanlike behavior or are considered detrimental to the program will be dismissed from TSC by recommendation of the Committee for Intramural Soccer and approval by the Executive Board.

**Law Six----Other Math Officials:** As per the TSC Referee Program.

**Law Seven---Duration of the Game:** The program will comply with Law Seven as stated, but with the following exception:

1. The duration of the game will be determined by TSC

**Law Eight: Start of Play:** The program will comply with Law Eight as stated

**Law Nine: In and Out of Play:** The program will comply with Law Nine as stated

**Law Ten: Method of Scoring:** The program will comply with Law Ten as stated.

**Law Eleven: Offside:** The program will comply with Law Eleven as stated, with the following exception:

1. Offside will be determined by TSC

**Law Twelve—Fouls and Misconduct:** The program will comply with Law Twelve as stated, except for 1<sup>st</sup> grade and below.

**Law Thirteen—Free Kick:** The program will comply with Law Thirteen as stated.

**Law Fourteen—Penalty Kick:** The program will comply with Law Fourteen as stated.

**Law Fifteen—Throw In:** The program will comply with Law Fifteen as stated but with the following exception:

1. Second Grade and below—throw in will be instructional rather than technical and may be retaken, at the discretion of the referee

**Law Sixteen---Goal Kick:** The program will comply with Law Sixteen as stated but with the following exception:

1. 3<sup>rd</sup> grade and below---will take goal kicks at the top of the penalty box.

**Law Seventeen—Corner Kick:** The program will comply with Law Seventeen as stated.

Amended 8/10/2018